



## HSE Approved Primary First Aid Certificate

### Introduction

Aimed at persons at work nominated to be first aiders to satisfy The Health and Safety (First Aid) Regulations 1981. This course is approved by the Health and Safety Executive and the syllabus covers the key requirements required by regulations.

### Key content of training

- Resuscitation and management of the unconscious casualty
- Bleeding control, together with the causes and management of Shock and Asphyxia
- Medical Conditions, Burns, Fractures, Poisons
- Details of current First Aid Legislation

**Duration:** Four days

**Assessment** A qualified person will examine each candidate at the end of day four

**Certification:** On passing the assessment candidates will receive a HSE recognised First Aid certificate

**Venue:** Sentinel House or clients site

*All courses are delivered by qualified trainers with extensive experience..*